

Goulburn Yurtfarm

LIVING AND LEARNING

Outdoor Centre and Back to Basics Camps

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100 Ways to discourage children from watching too much television

1. How to milk a cow
2. How to make butter and yoghurt
3. How to make bread and damper
4. How to use simple hand tools
5. How to dig a hole using a shovel and crowbar
6. How to light a fire with and without matches
7. How to boil the billy and make a cup of tea
8. How to cook bush style
9. How to catch yabbies
10. How to do basic first aid
11. How to do mud brick making
12. How to build a house using mud bricks, bottles and tin cans
13. How to learn the art of self sufficiency
14. How to get electricity from the sun and the wind
15. How to discover the satisfaction of exhausting physical work
16. How to go bush walking at night and how to love the dark.
17. How to chop firewood
18. How to catch and cook a rabbit
19. How to be responsible for yourself and your belongings
20. How to find directions using the stars and other natural methods
21. How to collect water in the bush plus saving, using, wasting water
22. How to clean and drink dirty water
23. How to make soap so as to soften water
24. How to grow vegetables for fun and for food
25. How does a sun (solar) system work
26. How to make a chip-heater work, and what it is
27. How to understand the way solar (sun) electricity works
28. How to wash clothes by hand
29. How to wash-up by hand
30. How to change the wheels on a car
31. How to get a vehicle out of a bog
32. How to deal with snakes and spiders
33. How to dehydrate food for storage
34. How to make chutney, jam and how to preserve fruit
35. How to ride a horse (lead rein only)
36. How to groom a horse and preserve the leather saddlery
37. How to make and throw a boomerang
38. How to make and pour concrete
39. How to use a paintbrush and clean it after use
40. How to paint artistically as well as paint houses
41. How to paddle a canoe
42. How to do basic carpentry
43. How to make and sail a toy boat
44. How to carve your name and make a plaque

45. How to make and fix a fence properly
46. How to make and fire pottery
47. How to make a musical instrument
48. How to play a musical instrument
49. How to muster sheep and handle animals
50. How to shear sheep using hand shears
51. How to spin wool
52. How to make felt using natural wool
53. How to do tapestry
54. How to knit
55. How to weave
56. How to make rugs
57. How to sew
58. How to make pom poms
59. How to plait leather
60. How to make a watch strap, belt or purse from leather
61. How to tan and preserve leather.
62. How to be introduced to the existence of international languages
63. How to enjoy dancing
64. How to make a fishing rod and catch a fish, perhaps!
65. How to develop a good throwing arm – for ball games
66. How to recognise the left arm is usually weaker than the right. Strengthening the “other” arm is often a good idea
67. How to consider starting a collection: insects, wild flowers, stamps, rock, coins
68. How to enjoy bush walking and how to observe fauna and flora native to the area.
69. How to understand and cope with natural disasters in Australia
70. How to fossick for fun
71. How to identify what causes the weather
72. How to recognise soil – what is it, how does it get there and why be concerned
73. How to understand what irrigation is and how to try it out on the vegie patch
74. How to cut down a tree in the forest – reasons for and against
75. How to learn the art of seed collection in readiness for germination
76. How to plant and transplant a tree – reasons for and against
77. How to use a telephone properly
78. How to mime
79. How to play charades
80. How to play volleyball, cricket, golf and parachute games
81. How to entertain yourself on a wet day
82. How to yell
83. How to communicate
84. How to get along with others
85. How to sing a simple song
86. How to learn how enjoyable poetry can be; maybe learn a poem!
87. How to learn the discipline of early morning physical exercise
88. How to learn what is expected of you when you go to work
89. How to tell imaginative stories
90. How to improve your ability to read with expression
91. How to learn the desirability of tidiness and cleanliness in your yurt
92. How to learn about respect for older people
93. How to give attention to good manners and consideration for others
94. How to learn to entertain yourself and others instead of watching TV
95. How to make an announcement in public
96. How to learn the ability to introduce oneself to strangers
97. How to learn about non competitive games
98. How to learn tricks for home entertainment
99. How to develop the value of self discipline
100. How to apply positive thinking and visualisation